

**Programs and Activities at the Woodcreek Community Centre
March 2024**

 <p>Ballroom & Latin Dance Classes for Adults & Children Fridays, 6 – 7 PM Dima Levita and Sasha Antonova 403-613-5070</p>	 <p>Authentic Japanese Karate-Do for children and adults Monday and Thursday 6:00 – 7:00 PM Shihan Hermann Pirela 403-880-0992</p>
 <p>Silverbirch Girl Guides Wednesdays 6:30 – 8:30 PM Barb Augustyn 403-251-5169</p>	<p>401st Woodcreek Scouts Beavers – Wednesdays, 6:15 – 7:45 PM Scouts – Second Tuesday of month 6:30 – 8:00 PM Tim Tratch 403-251-4878</p>
 <p>Vanshaw Academy of Irish Dance Pre-Beginner Ages 3-4 Monday 5:15 Beginner 5-7 Tuesday 5:15 Beginner 6+ Monday 5:45 Beginner/Advanced 8+ Tuesday 5:15 Adult Fitness Monday 7:15 vanshawacademy@gmail.com vanshawirishdance.ca</p>	 <p>Preschool Program Monday & Wednesday 9:00 – 11:30 AM Tuesday & Thursday 9:00 – 11:30 AM, 12:30 – 3:00 PM Friday Accompaniment 9:00 – 11:30 AM Tara Gladun admin@playmakerscalgary.com</p>
 <p>Calgary Southwest Seniors Live Music, Dancing & Socializing Thursdays 9:30 am - Noon Come enjoy a coffee. First time is always free. George Flood: flood.george6@gmail.com</p>	 <p>Bravo Circus Classes for Kids (3-13 yrs) Thursdays, 6:30 – 8:00 PM Maria Chekmareva 587-894-0675 maria@bravocircus.ca</p>
 <p>M & D Dance Academy Thursdays 6:00 – 7:00 pm Saturdays 1:00 – 2:00 pm Marissa & Desiree Lanoire 403-473-3252 or 587-438-4725</p>	 <p>Therapeutic Yoga for Hips, Shoulders & Back Mondays 2:15 – 3:15 pm Thursdays 4:30 – 5:30 pm Rosemarie Bartschak 403-607-5806, yoga4community.com</p>



Friday Prayers for Muslims
Prayer time 2:00 PM
 Dr. Mahmood 403-708-1055



Gateway Victory Church
Sundays, 10:30 AM
 Pastors Rowan and Mara Fraser
 403-816-1684 (call/text)

YOUR PROGRAM HERE!

Contact WCA for ongoing rental opportunities

wca@woodcreekcommunity.ca

403-238-1611



Move N Mingle: AHS – Fall Risk Management Program
Mondays & Wednesdays 1:45 – 2:45 pm
 Contact Christine or Elizabeth
 Tel: 403-955-1554
 Email: Christine.bednarek@Albertahealthservices.ca
 Email: elizabeth.graves@albertahealthservices.ca

Miniature School of Ballet & Dance

Ballet, Jazz, Tap, Acro, Hip-Hop, Contemporary Dance for kids

Contact Alya for more information and to register:
<http://miniatureballet.com>



Step Class

Saturdays 9:30 – 10:30 am

Contact Margarita: rita999@hotmail.ca



Woodcreek Gardening Association
Every third Saturday from 10 – Noon
 Contact Ross: gardener@woodcreekcommunity.ca



Woodcreek Parents and Tots Group
Mondays 9:00 – 11:00 AM
 Contact Megan at megan.cocciolo@gmail.com



WCA Fitness

Tai Chi – Wednesdays 9:30 -10:30 AM
Beginner (10 forms) & Intermediate (24 forms)

Move & Groove – Wednesdays 10:45 – 11:45 AM
and/or Fridays 10:00 – 11:00 AM

Contact the WCA office to register



WCA Seniors – 1st & 3rd Tuesday 9:30 AM – Noon
 Anne B 403-238-1611 or akbund954@gmail.com

Knitting – Mondays 1-3 PM
 Sandy Keating missuskeating@gmail.com

Bridge – Tuesdays 1-3 PM
 Ken Barrie kenbarrie@gmail.com