

## Programs and Activities at the Woodcreek Community Centre

As of July 2022

Program/Activity	Day and Time
<b>Baby Sign Classes</b> Laura Peace <a href="mailto:laurasharp18@gmail.com">laurasharp18@gmail.com</a>	Wednesday, 10 – 10:45 a.m., 11 – 11:45 a.m., 12 – 12:45 p.m., 1 – 1:45 p.m.
<b>Ballroom &amp; Latin Dance Classes for Adults &amp; Children</b> Dima Levita and Sasha Antonova (Levita Dance) 403-613-5070	Friday, 6 – 7 p.m.
<b>Beavers</b> Tim Tratch 403-251-4878	Wednesday, 6:00 – 7:30 p.m.
<b>Bravo Circus Classes for Kids (3-13 yrs)</b> Maria Chekmareva 587-894-0675 <a href="mailto:maria@bravocircus.ca">maria@bravocircus.ca</a>	Thursday, 6:30 – 8 p.m.
<b>Calgary Modern Quilt Guild</b> <b>Bimonthly South Space meetings</b> Mary Dylke 403-289-8107	Resumes Sept. 15, 2022
<b>Friday Prayers for Muslims</b> Dr. Mahmood 403-708-1055	Friday, 1:30 p.m.
<b>Gateway Victory Church</b> Pastors Rowan and Mara Fraser 403-816-1684	Sunday, 10:30 a.m.
<b>Girl Guides</b> Barb Augustyn 403-251-5169	Wednesday, 6:30 – 8:30 p.m.
<b>Karate for Children</b> <b>Karate for Adults</b> Hermann Pirela 5 <sup>th</sup> degree Black Belt (Tenshi Dojo) 403-880-0992	Mon and Thurs, 6 – 7 p.m.
<b>Kokodo Jujutsu</b> <b>Jujutsu for Adults</b> John Berzai 403-968-9836 or <a href="mailto:kokodoyyc@outlook.com">kokodoyyc@outlook.com</a>	Tuesdays 7:30 – 9:30 p.m.
<b>M &amp; D Dance Academy</b> Marissa & Desiree Lanoire 403-473-3252 or 587-438-4725	TBD
<b>Move N Mingle</b> Alberta Health Services 403-955-1554 or 403-863-7708 to register	Resumes Nov. 2022

<b>Parents &amp; Tots (up to 4 yrs)</b> Tina Wheeler 403-829-9532	Monday, 9 – 11 a.m.
<b>Play Makers</b> A Preschool Program Tara Gladun 587-572-7529	Tues and Thurs, 9 – 11:30 a.m. Tues and Thurs, 12:30 – 3 p.m. Mon and Wed, 9 – 11:30 a.m. Fri – 9 – 11:30 a.m.
<b>Scouts</b> Tim Tratch 403-251-4878	First Tuesday of the month, 6:30 - 8:30 p.m.
<b>Seniors' Bridge/Cards</b> Ken Barrie 403-281-5556	Tuesday, 1 – 4 p.m.
<b>Seniors' Fitness</b> Nancy Ehle 403-354-4905	Friday, 10:15 – 11:15 a.m.
<b>Seniors' Group</b> Chairperson – Anne Bundgaard 403-238- 1611 Vice-Chairperson – Heather Roberts 403-225-6657	First and third Tuesday of month 9:30 – 11:30 a.m.
<b>Seniors' Knitting Group</b> Sandy Keating & Pat Konoff 403-238-1611	Monday, 1 – 3 p.m.
<b>Southwest Seniors (Dancing &amp; Live Music)</b> Larry Newell 403-281-0715	Thursday, 9:30- Noon
<b>Tai Chi</b> Christine Tao 403-208-3564	Beginner & Intermediate Class -Wednesday, 9:30 – 10:30a.m.
<b>Therapeutic Yoga for Hips, Shoulders &amp; Back</b> Rosemarie Bartschak 403-607-5806 yoga4community.com	Sunday, 9:15 a.m. Wednesday 6:30 p.m.
<b>Vanshaw Academy of Irish Dance</b> Stephanie Henshaw <a href="mailto:vanshawacademy@gmail.com">vanshawacademy@gmail.com</a>	Pre-Beginner Ages 3-5 Tuesdays 4:45-5:15 Beginner Ages 5+ Tuesdays 5:15-6:00 Adult Fitness Classes Thursdays 8:15-9:15
<b>Woodcreek Gardening Association</b> Ross Snyder <a href="mailto:gardener@woodcreekcommunity.ca">gardener@woodcreekcommunity.ca</a>	Third Saturday of the month, 10 a.m. - Noon
<b>Zumba Dance Fitness</b> Rita Olsen 403-401-0090	Monday, 10:30 - 11:30 am Saturday, 10:00 – 11:00 am