



**Woodcreek**  
Community Association  
Serving the Communities of Woodbine and Woodlands

## Seniors' Fitness Winter Series

**Fridays 10:30 - 11:30 a.m.**  
**January 10 - March 27, 2020**



**Make the Rest of Your  
Life the BEST of Your Life!**

**Join a 'Fun-Tastic'  
Fitness Class for  
Older Adults!**



**12 Classes: \$60\***  
**Drop In: \$6/class**

**Main Hall, Ground Floor  
1991 Woodview Drive SW**



**Instructor: Nancy Ehle**

**woodcreekcommunity.ca**  
**403-238-1611**

**wca@woodcreekcommunity.ca**

**\*Payable at your first class Jan 10  
Cash (exact change, please) or Cheque**

**Move to  
Great Music!**

**Country**

**Classical**

**Seasonal**

**50's & 60's**

**Faith Based**

**Show Tunes**

**Classic Rock**

**& More!**